

Term 2 Pilates Timetable Monday 2nd April - 30th June 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6.00am - 7.00am MAT PILATES - Jamie			6.15- 7.00am POWER CLASS - Georgia	8:00 - 8:45am SMALL - Emily/Jamie/Georgia
	7.00 - 7.45am SMALL - Jamie			7.00 - 7.45am SMALL - Georgia	
	10.00 - 10.45am SMALL - Emily				9.45 - 10.30am INTERM- Emily/Jamie/Georgia
	9.30am - 10.30am MAT PILATES - Jamie		9.30 - 10.30am MAT PILATES - Georgia	9.30 - 10.15am SMALL - Georgia	10.30 - 11.15am SMALL - Emily/Jamie/Georgia
10.45 - 11.30am SMALL - Emily			10:30 - 11.15am Intermediate - Georgia		11.15 - 12.00pm POWER - Emily/Jamie/Georgia
	11.15 - 12.00pm Small - Jamie	11.00 - 11.45am SMALL - Emily		11.00 - 11.45am Intermediate - Jamie	
12.30 - 1.15pm SMALL - Jamie				12.00 - 12.45pm SMALL - Jamie	
	12:00 - 12:30pm POWER FAST - Georgia	12.15 - 1.00pm SMALL - Emily	12.30 - 1.15pm SMALL - Jamie		
2.00 - 2.45am SMALL - Emily			12:30 - 1:00pm POWER FAST - Georgia		
		4.00 - 4.45pm SMALL - Jamie/Georgia	4.30 - 5.15pm Intermediate - Emily		
5:00 - 5.45pm SMALL - Jamie		4.40 - 5.30pm POWER CLASS - Emily	5.15 - 6.00pm SMALL - Emily		
5.30 - 6.30pm MAT PILATES - Georgia		5.30 - 6.30pm MAT PILATES - Jamie/Georgia	5.30 - 6.30pm MAT PILATES - Georgia		
5.45 - 6.30pm SMALL - Jamie	5:45 - 6.30pm SMALL - Georgia		5.45 - 6.30pm RUNNING REFORMER - Jamie		
	6:30-7.30pm MAT PILATES - Emily				
6.30 - 7.15pm Intermediate - Georgia	6.30 - 7.15pm SMALL - Georgia	6.30 - 7.15pm SMALL - Jamie/Georgia	6.30 - 7.15pm Intermediate - Jamie		
7.15 - 8.00pm POWER CLASS - Jamie		7.15 - 8:00pm SMALL - Jamie/Georgia	7.15-8:00pm SMALL - Jamie		

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Saturday Pilates class roster

Date	Instructor
7-Apr-18	Georgia
14-Apr-18	Jamie
21-Apr-18	Emily
28-Apr-18	Georgia
5-May-18	Jamie
12-May-18	Georgia
19-May-18	Emily
26-May-18	Jamie
2-Jun-18	Georgia
9-Jun-18	Emily
16-Jun-18	Jamie
23-Jun-18	Emily
30-Jun-18	Georgia

Definitions of groups

INTERMEDIATE	6 or more in group
SMALL	4 in group
RUNNING REFORMER	5 in a group
POWER CLASS	5 in a group